



## Bhadoti Health & Wellness Center in Rajasthan Provides Critical Maternal Health Care and Saves Lives with High-Quality Institutional Delivery Services

“ Thanks to the Bhadoti H&WC staff, my high-risk pregnancy was appropriately managed and saved my life and that of my baby. ”

-Sarita Singh

When Sarita Singh, wife of Veer Singh of Gambhira village in Sawai Madhopur district, Rajasthan, first learned that she was pregnant, she registered herself at the nearest, Bhadoti Sub Centre, now called, Health & Wellness Center (HWC) for her natal-care services. The Bhadoti HWC has been under WISH management for over five years.

During her antenatal check-up at the HWC, she was identified as a case of high-risk pregnancy due to her symptoms - she was anemic, less than five feet tall, and had Rhesus (Rh-D) negative blood group. The qualified and trained staff of HWC, including ASHA and ANM, provided her comprehensive ante-natal Care (ANC) counselling with respect to diet and rest and prescribed IFA and calcium tablets. She was advised to visit the Bhadoti HWC regularly to receive iron sucrose (intravenous) doses. The Doctor stationed at the HWC also prescribed an ultrasonography, which was done at the District Hospital in Sawai Madhopur. Based on the seriousness of her ultrasonography report, the HWC doctor advised Sarita and her husband to have the delivery done at the District Hospital to avoid any complications.

At the time of the delivery, despite the doctor's advice, Sarita and her husband refused to go to the District Hospital and insisted on having the delivery conducted at the HWC itself. Looking at the advanced labor state of Sarita, the HWC doctor and staff were left with no option but to take her in. Since the HWC staff were well-aware of Sarita's high-risk status and were well-trained to handle critical emergency cases, they hurriedly made necessary arrangements for a safe delivery. This also included ensuring the availability of an ambulance service in case of an emergency, and keeping the District Hospital counterparts informed on the need of blood transfusion and other post-partum services, if such a situation arose.

With the kind caring and efficient handling by the doctor and the ANM, the delivery went smoothly; however, at the time of birth, the baby had hypothermia and was severely underweight. Sarita also suffered postpartum hemorrhage. The medical staff quickly stabilized both the mother and the baby, and rushed them to the District Hospital. Here Sarita was provided immediate postpartum care and the baby was continuously nourished and monitored. Both recovered from their treatment and were subsequently discharged with adequate follow-up instructions.

Once back home, recalling the turn of events, Sarita and her husband realized that it was wrong on their part to insist on the delivery at the HWC. They expressed their gratitude to the Bhadoti HWC staff for the care and support given and happiness with the final outcome. Because of the care Sarita and her baby received, she calls the Bhadoti HWC her second home!